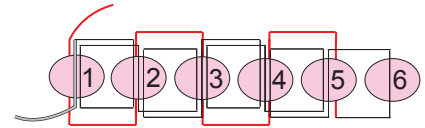


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Thread your needle (size 10 or 12) with 60 inches or beading thread. I use Nymo "B" and I pre stretch my thread. To do this simply hold it between the fingers of one hand and pull with the other. Do this 3 or 4 times. Brick stitch patterns turned sideways can be done in Peyote & flat Peyote patterns turned sideways can be Brick stitched.
Brick Stitch method 1 (between the beads)

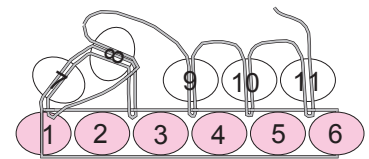
Step 1. (ladder)

Go through bead 1 twice. Add 2, up 1 & back down 2.
Up 3, down 2 & back up 3. Down 4, up 3 & back down 4.
Repeat this until you have the desired number of beads on the ladder.
Now strengthen the ladder by "snaking" back to 1. Down 6, up 5 etc....



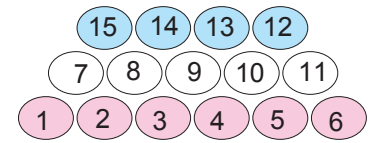
Step 2. (row 2)

Right handed?...hold the ladder in your left hand (between the thumb & first finger)
With the needle in your right hand pick up 7 & 8, from behind, pass the needle between beads 2 & 3 of the ladder catching the threads.
Go back up 8, down 7, catch the threads between 1 & 2 & go back up 8.
Don't skip this step as this is what locks the end bead in place.
(This method keeps the threads from showing on the sides of your work)
Pick up 9 then from behind pass the needle between 3 & 4 of the ladder then back up 9.
Repeat this step with 10, 11.
At this point your needle will be coming out the top of 11. Turn you piece at the start of each new row.
I work left to right but you may be more comfortable right to left. Whatever works for you is the correct way.



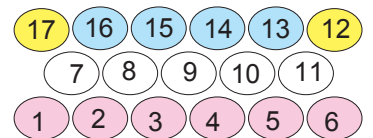
Step 3. (row 3)

Pick up 12 & 13 and bring the needle between 9 & 10 of the previous row catching the threads.
Go back up 13 & down 12, catch the threads between 10 & 11 then go back up 13.



Each of these rows have decreased. Unless you want to build pyramids you have to learn how to increase. Don't worry.....it's not hard.

Coming out 11 pick up 12 & 13. Go down through the hole of 11 & 6.
Go up the hole of 5, 11 & 13.
You are now ready to add 14, 15, 16.
Pick up 17 then go down the hole of 7 & 2. Go up the hole of 1, 7 & 17.
To increase by more than 1 bead (at either end of the row) you simply add beads in the same manner in which you made the ladder in step 1.



Brick Stitch method 2 (through the holes)

This is a very strong stitch and I recommend it for the straps on my choker patterns.

Step 1. Is the same in both methods.

Step 2. Pick up bead 7 & 8. Down through 2 & up 3 & 8. Down 7 & 1, up 2 & 8. (don't skip this step) If you do the end bead wants to cock to center.

You will find directions elsewhere that don't include this but I really think it is worth the extra time that it takes and I always do it.

Pick up 9 go down through 3, up 4 & 9.

Pick up 10 go down through 4, up 5 & 10.

Pick up 11 go down through 5, up 6 & 11.

Pick up 13 & 14 go down through 10, up 9 & 14. Down 13 & 11. Up 10 & 14.

To Increase at the start of a row pick up 12 & 13, go down 11. Up 10 & 13.

To increase at the end of a row pick up 20, go down through 8 & 2, up 1, 8 & 20.

To increase by more than 1 bead (either end) use the ladder stitch as in the first row.

